

The 3 Cs Session

Goals:

- To identify 3 gateways through which we each personally feel connected to the Jewish People
- To be able to articulate the connection
- To enhance our perspectives
- To discuss and work through these gateways with others.

Process:

1. **Value selections:** The session opens with a "supermarket" of 28 different Peoplehood Values, and participants are instructed to select **7** of the core values that make them feel connected to being a Jew. The question they are answering is, **"What are the core values through which I connect to my being a Jew?"**

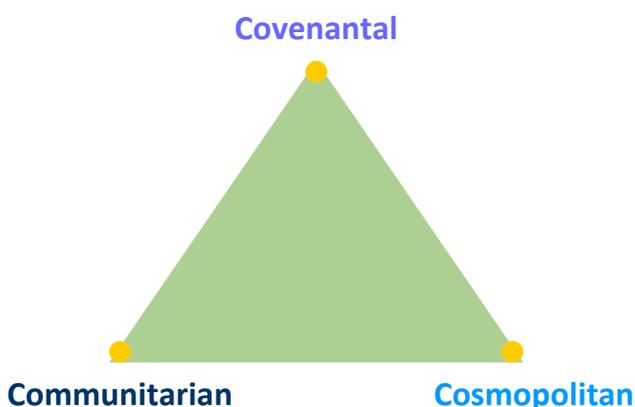
2. **3 C's study sheets:** Next, divide the participants into small groups, and have them study the 3 C's texts together. The task is for them to identify for themselves, based on the values they selected from the "supermarket", which C or C's represent their primary orientation.

3. **Changes:** After they have learned the 3 C's texts, allow participants to change their value selections if they would like to. Encourage people throughout the duration of the session to make changes in value selections freely.

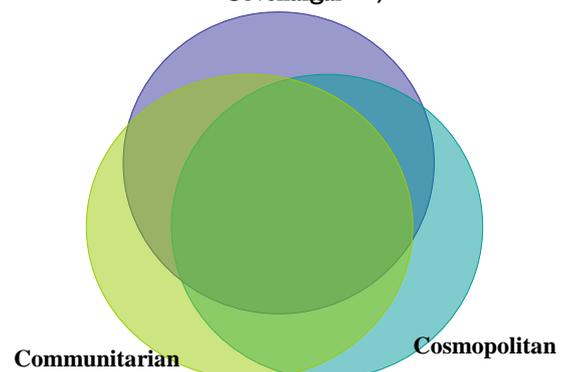
4. **Key:** Display the category keys, revealing which "C" the values they selected belong to. Allow participant to reflect on their selections in their groups. Encourage them to attend to which of the 3 Cs they may be more drawn to/have selected most values from.

5. **Plot yourself on the diagram:** Finally, there is a shape on the floor as below, and participants are asked to stand, a few at a time, and explain why they are standing where they are. The facilitator should ask them reflective questions, challenging them to move around the shape and play with the various ratios of values. Encourage them to explain what, if any, changes they made in their value selections, and why.

This allows participants to learn the nature of the relationship, and the components that make up the whole. The closer an individual is to the center of the diagram, the more equal their balance/ratio of values.



OR



Value Key:

Covenantal:

Jewish tradition, Torah, Jewish heritage, Jewish rituals and customs, religion, mitzvot, obligations, belief in God, commandments, *halacha* (Jewish Law), Because I'm supposed to

Covenantal/Communitarian:

Shared History, Shared Destiny, Collect memory, part of the chain of history, because I'm responsible to the chain of Jews who came before and will come after me

Communitarian

Part of the "tribe", being a part of an extended family, social solidarity towards other Jews, helping other Jews in need, taking action on behalf of other Jews,

Cosmopolitan

for Jews to Repair the World to be a better place, pursuit of justice in the world , through engaging with the world, humanism, freedom and equality, environmentalism, sustainability

Needed:

- 28 envelopes, each with one of the values written on the outside in bold
- Tape, to stick the envelopes to the wall
- Scissors
- Value slips, cut up and placed in the corresponding envelope
- The 3C's A3 text study sheets, 1 per person
- Colored Cellophane paper, to create the shape for the floor diagram
- The appendix pages in this document

Value Key: *Covenantal*

Jewish tradition

Torah

Jewish heritage

Jewish rituals and customs

Religion

Mitzvoth

Obligations

Belief in God

Commandments

Halacha (Jewish Law)

Because I'm supposed to

Value Key:

Covenantal / Communitarian

Shared History

Shared Destiny

Collect memory

Part of the chain of history

**Because I'm responsible to the
chain of Jews who came before and
will come after me**

Value Key: ***Communitarian***

Part of the "tribe"

Being a part of an extended family

Social solidarity towards other Jews

Helping other Jews in need

Taking action on behalf of other Jews

Value Key:

Cosmopolitan

**For Jews to Repair the World to be
a better place**

Pursuit of justice in the world

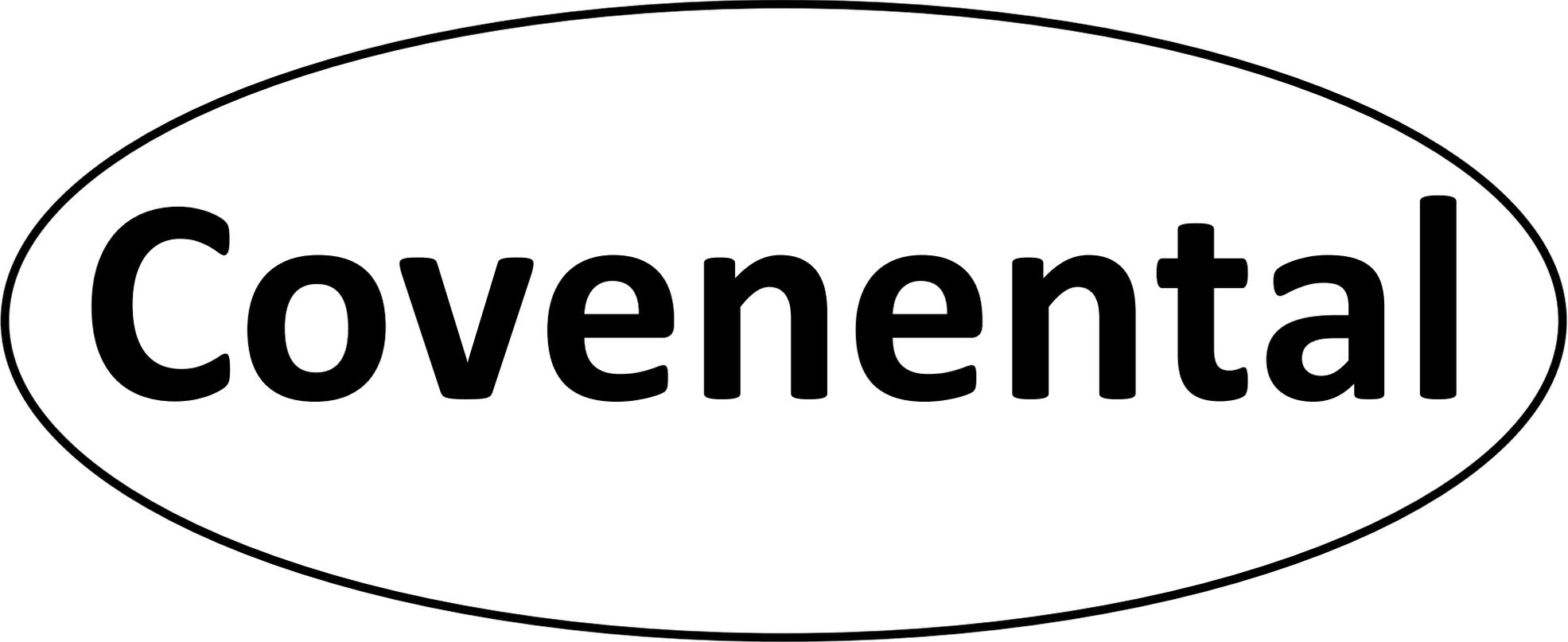
Through engaging with the world

Humanism

Freedom and equality

Environmentalism

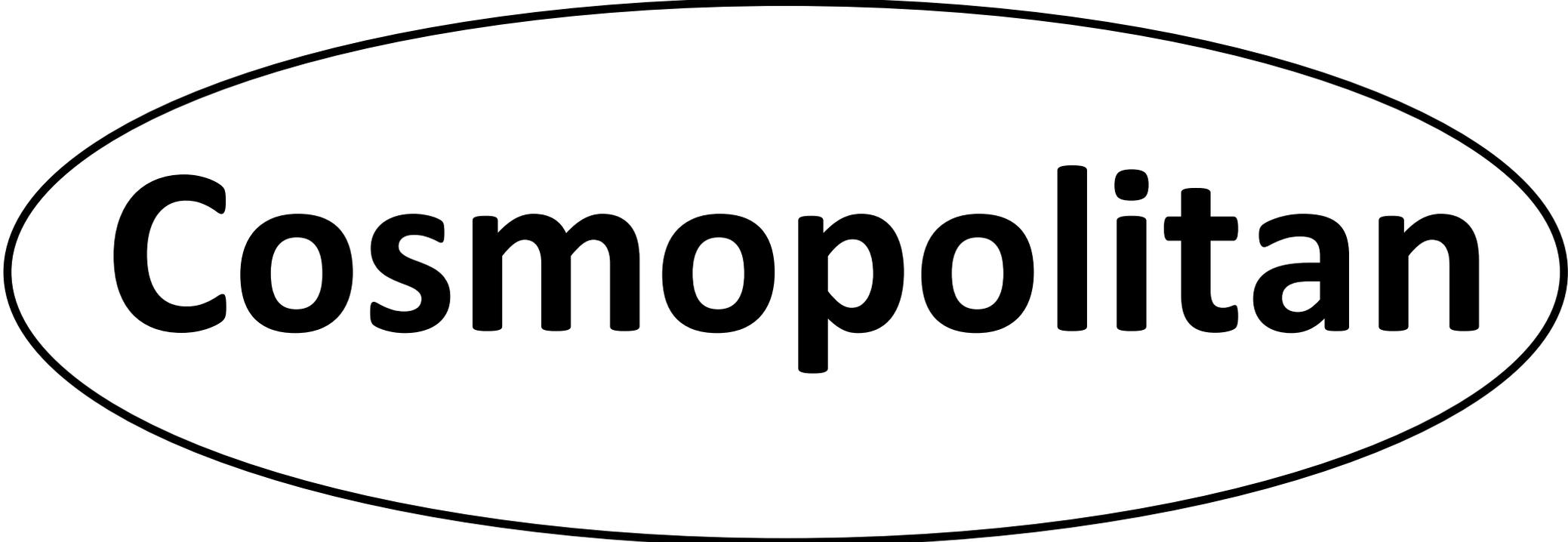
Sustainability



Covenental



Communitarian



Cosmopolitan

Jewish tradition

Torah

Jewish heritage

Jewish rituals and customs

Religion

Mitzvoth

Obligations

Belief in God

Commandments

Halacha (Jewish Law)

Because I'm supposed to

Shared History

Shared Destiny

Collective memory

**Part of the chain of
history**

Part of the "tribe"

**Being a part of an
extended family**

**Social solidarity with
other Jews**

Helping other Jews in
need

Taking action on behalf of other Jews

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**Pursuit of justice
in the world**

Through engaging with
the world

Humanism

Freedom and equality

Environmentalism

Sustainability

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